

Rose City Challenge 2009

Session Information Update

3-2-09

Girls Sessions

Session 1 Friday March 6th (Modified CC)

Level 6 (All Age Groups)

8:00 Open Warm-up
8:20 March -in
8:30 First Timed Warm-up
8:40 Competiton Begins

Session 2 Friday March 6th (Modified CC)

Level 7

12:30 Open Warm-up
12:50 March-in
1:00 First Timed Warm-up
1:10 Competiton Begins

Session 3 Friday March 6th (Modified CC) (Traditional)

Level 7

5:00 Open Warm-up
5:20 March-in
5:30 First Timed Warm-up
5:40 Competiton Begins

Boys Sessions

Session 1 Friday March 6th (Traditional)

Level 4 (6 – 7 and 10 & older)

8:00 Open Warm-up
8:20 March-in
8:30 Timed Warm-ups
9:30 Competitin Begins

Session 2 Friday March 6th (Traditional)

Level 4 (8 – 9) and Level 5 (7 – 8)

12:30 Open Warm-up
12:50 March-in
1:00 Timed Warm-ups
2:15 Competition Begins

Session 3 Friday March 6th

Level 5 (9 & older)

5:00 Open Warm-up
5:20 March-in
5:30 Timed Warm-ups
6:40 Competition Begins

Girls Sessions

Session 4 Saturday March 7th (Modified CC) (Modified CC)

Level 4 (10 & older)

- 8:00 Open Warm-up
- 8:20 March -in
- 8:30 First Timed Warm-up
- 8:40 Competiton Begins

Session 5 Saturday March 7th (Modified CC) (Modified CC)

Level 9 & 10 (All Age Groups)

- 12:30 Open Warm-up
- 12:50 March-in
- 1:00 First Timed Warm-up
- 1:10 Competiton Begins

Session 6 Saturday March 7th (Modified CC) (Modified CC)

Level 8 (All Age Groups)

- 5:30 Open Warm-up
- 5:50 March-in
- 6:00 First Timed Warm-up
- 6:10 Competiton Begins

Girls Sessions

Session 7 Sunday March 8th (Modified CC) (Modified CC)

Level 4 (6 – 9)

- 8:00 Open Warm-up

Boys Sessions

Session 4 Saturday March 7th

Level 6 (All Age Groups)

- 8:00 Open Warm-up
- 8:20 March-in
- 8:30 First Timed Warm-up
- 8:40 Competitin Begins

Session 5 Saturday March 7th

Level 9 & 10 (All Age Groups)

- 12:30 Open Warm-up
- 12:50 March-in
- 1:00 First Timed Warm-up
- 1:10 Competition Begins

Session 6 Saturday March 7th

Level 7 & 8 (All Age Groups)

- 5:30 Open Warm-up
- 5:50 March-in
- 6:00 Timed Warm-ups
- 6:10 Competition Begins

Girls Sessions

Session 8 Sunday March 8th

Level 5 (All Age Groups)

- 12:30 Open Warm-up

8:20 March -in

8:30 First Timed Warm-up

8:40 Competiton Begins

12:50 March-in

1:00 First Timed Warm-up

1:10 Competition Begins